

# Week one

30/10 20/11 11/12 01/01 22/01 12/02 05/03 26/03

Monday

Choose a main meal... on the side...  
 Neapolitan Tomato Pasta ✓ Coleslaw  
 Cheese and Tomato Pizza with Jacket Wedges ✓ Peas  
 for dessert...  
 Shortbread

Tuesday

Choose a main meal... on the side...  
 Beef & Vegetable Pie with New Potatoes Green Beans  
 Mild Mexican Vegetable Chilli with Rice ✓ Apple and Rhubarb Crumble with Custard  
 for dessert...

Wednesday

Choose a main meal... on the side...  
 Chinese Chicken Noodles Carrots  
 Vegetable Biryana ✓ Flapjack  
 for dessert...

Thursday

Choose a main meal... on the side...  
 Roast Turkey with Roast Potatoes and Gravy Broccoli  
 Cheese and Potato Bake ✓ Sweetcorn  
 for dessert...  
 Fruit in Jelly

Friday

Choose a main meal... on the side...  
 Crispy Fish & Chips Baked Beans  
 Veggie Hot Dog with Chips ✓ Peas  
 for dessert...  
 Chocolate & Banana Muffin

# Week two

06/11 27/11 18/12 08/01 29/01 19/02 12/03 02/04

Choose a main meal... on the side...  
 Vegetable Casserole with Rice ✓ Broccoli  
 Macaroni Cheese ✓ for dessert...  
 Chocolate & Mandarin Sponge with Chocolate Sauce

Choose a main meal... on the side...  
 Pork Sausages with Creamy Mash & Gravy Carrots  
 Vegetarian Sausages with Creamy Mash & Gravy ✓ Oatie Biscuit with Fruit Slices  
 for dessert...

Choose a main meal... on the side...  
 Mild Beef Chilli and Rice Green Beans  
 Creamy Tomato and Basil Pasta ✓ Angel Delight  
 for dessert...

Choose a main meal... on the side...  
 Roast Chicken with Roast Potatoes and Gravy Sweetcorn  
 Quorn Roast with Roast Potatoes and Gravy ✓ Peas  
 for dessert...  
 Carrot & Pineapple Cake Slice

Choose a main meal... on the side...  
 Golden Fish Fingers & Chips Baked Beans  
 Vegetable Burger with Chips ✓ Crunchy Coleslaw  
 for dessert...  
 Raspberry Cheesecake

# Week three

13/11 04/12 25/12 15/01 05/02 26/02 19/03 09/04

Choose a main meal... on the side...  
 Quorn Sausage with Jacket Wedges ✓ Peas  
 Cheese and Tomato Pizza with Jacket Wedges ✓ Coleslaw  
 for dessert...  
 Strawberry Ice Cream

Choose a main meal... on the side...  
 Mild Chicken Tikka Thigh with Rice Broccoli  
 Cheese & Sweetcorn Quiche with New Potatoes ✓ Apple Crumble with Custard  
 for dessert...

Choose a main meal... on the side...  
 Beef Bolognese Sweetcorn  
 Vegetable Curry and Rice ✓ for dessert...  
 Mini Gingerbread Cake with Fresh Fruit

Choose a main meal... on the side...  
 Roast Pork with Roast Potatoes and Gravy Green Beans  
 Shepherdess Pie ✓ Carrots  
 for dessert...  
 Chocolate Cookie

Choose a main meal... on the side...  
 Crispy Salmon Fillet with Chips Baked Beans  
 Veggie Wrap with Chips ✓ Peas  
 for dessert...  
 Creamy Rice Pudding with Fruit

Our chicken and milk are Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



FRESH SALAD IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel

If your child receives or needs a special diet or allergen menu, please speak to your catering manager or contact us



WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs



FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

ALL our bananas are FAIRTRADE

