



Hollybrook Junior School

Seagarth Lane, Southampton, SO16 6RL
Telephone: 023 8077 2781 Fax: 023 8052 8820
Email: info@hj.jetrust.org
www.hollybrookjunior.co.uk

Headteacher: Mrs Jane Wood
Deputy Head: Miss Clare Alderson

8 February 2018

Dear Parents and Carers

Parent Workshop, Wednesday, 7 March 2018 – Coping with Anxiety and Change

At Hollybrook Junior School, we recognise that the emotional well-being of each child contributes to their success in school.

Due to several requests, we have arranged for Dylan Wrixon, the Trust’s Family Support Worker, to do a workshop for parents on Coping with Anxiety and Change. It will be very informal with an opportunity for you to ask questions and get advice. The workshop will take place on Wednesday, 7 March 2018 from 9.00am to 10.00am in the Junior School.

Mrs Cornford, Mrs Jenkins and Mrs McLoughlin, our school ELSA’s, will also be present. If you would like to attend the workshop, please return the form to the school office. If there is a particular worry you would like to discuss, please make a note on your reply slip.

Yours sincerely

Mrs Wood
Headteacher

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REPLY SLIP PARENT WORKSHOP, WEDNESDAY, 7 MARCH 2018 – COPING WITH ANXIETY AND CHANGE

Name of Child/ChildrenClass/classes

.....

I/we will be attending (names of all attendees)

.....

I/we would like to discuss

Signed (parent/carer)

