

Week one

08/05 29/05 19/06 10/07 31/07 21/08 11/09 02/10

Monday

Amazing Bolognese
Pasta with Beef and Tomato
Sauce served with Peas

Ice Cream Pot

Mega Mozzarella & Tomato Pizza ✓
served with Jacket Wedges and
Peas

Tuesday

Veggie Mince & Onion Pie ✓
Quorn Mince and Onion Pie
served with New Potatoes and
Green Beans

Crunchy Plum Crumble
with Custard

Cheese and Tomato Pasta ✓
served with Green Beans

Wednesday

BBQ Chicken and Mash
served with Sweetcorn

Oatie Biscuit

Vegetable Chilli ✓
served with Rice and Sweetcorn

Thursday

Roast Turkey
served with Roast Potatoes,
Carrots, Broccoli and Gravy

Fruit Jelly

Quorn Roast ✓
served with Roast Potatoes,
Carrots, Broccoli and Gravy

Friday

Crispy Fish & Chips
served with Baked Beans or Peas

Chocolate and Mandarin
Sponge with Chocolate
Sauce

Curried Vegetable Wrap with Chips ✓
served with Baked Beans or Peas

Week two

24/04 15/05 05/06 26/06 17/07 07/08 28/08 18/09 09/10

Veggie Balls in Tomato Sauce ✓
served with Rice and Sweetcorn

Ice Cream Pot

Macaroni Cheese ✓
served with Sweetcorn

Pork Sausages and Mash
served with Peas and Gravy

Fruit Flapjack

Vegetarian Sausages and Mash ✓
served with Peas and Gravy

Chicken and Rice
served with Peas

Pineapple Upside Down
Cake with Custard

Sweet Potato Curry ✓
served with Rice and Peas

Roast Beef
served with Roast Potatoes,
Carrots, Cauliflower and Gravy

Fruit Jelly

Quorn Roast ✓
served with Roast Potatoes,
Carrots, Cauliflower and Gravy

Fish Fingers and Chips
served with Baked Beans or
Sweetcorn

Mini Brownie with Banana
Slices

Veggie Lasagne with Chips ✓
served with Baked Beans or
Sweetcorn

Week three

01/05 22/05 12/06 03/07 24/07 14/08 04/09 25/09 16/10

Tomato and Basil Pasta ✓
served with Sweetcorn

Ice Cream Pot

Cheese and Tomato Pizza ✓
served with Jacket Wedges and
Sweetcorn

Homemade Breaded Chicken
served with Pasta and Green
Beans

Raspberry Loaf Cake

Cheese & Onion Quiche ✓
served with Pasta and Green
Beans

Beef Lasagne
served with Garlic Bread and
Peas

Chocolate Cookie

Cauliflower and Chickpea Korma ✓
served with Rice and Peas

Roast Pork
served with Roast Potatoes,
Carrots, Broccoli and Gravy

Fruit Jelly

Quorn Roast ✓
served with Roast Potatoes,
Carrots, Broccoli and Gravy

Breaded Salmon Fillet and Chips
served with Baked Beans or Light
Coleslaw

Apple Sponge with
Custard

BBQ Quorn Wrap with Chips ✓
served with Baked Beans or Light
Coleslaw



There is a vegetarian
choice every day...
and don't forget that
salad is available daily.

Keep yourself
topped up with
water - it will help
you concentrate
all day long.

